

Happy Wednesday! It's hard to believe that at this point we're closer to the end of our trip than the beginning. We've all begun to really fall in love with the people here and are excited to finish up the rest of the week strong. We could use prayer for sickness (nothing too serious, but it would be nice to overcome), continued hydration, that God continues to speak through us whether it be teaching at VBS and the clinic or conversations with Haitians on the construction team, and strength as we are all beginning to feel the effects of sweating constantly for the past 6 days. Here are today's individual updates:

Kathryn: Today the medical team went to the clinic to give lessons on a few of the things we prepared. Wednesdays are the days where a lot of the moms and their babies come to the clinic, so we got to see lots of cute babies! Carley and I gave both our sex education and feminine hygiene talk; the talks are always awkward to give, but always provide plenty of laughs and education! Jean gave a talk on dental hygiene and Janet gave a talk on typical development and red flags for children up to four, which was obviously super relevant to our audience! After we gave our talks we went to the elderly home and gave lots of hugs. The breeze feels amazing out on their patio (especially with a sweaty shirt), so we stayed out there and danced with pompoms to get them moving (and grooving!). After lunch, me and Carley went to the church and gave our talk to the teen girls' home and teen boys home. The girls seemed a little embarrassed to ask questions, but we tried sharing some of the things that the high school girls were surprised to learn about (Carley and I practiced our talk in front of the high school girls on our team beforehand; once again, a lot of laughs followed). The boys however, were really receptive! They asked a lot of good, hard questions to follow it up. It was definitely a satisfying way to end our long day of talking about sex and female hygiene. Carley and I will be giving our sex education and feminine hygiene talk every day for the rest of the week (you can be praying for our translator's embarrassment as well).

Joseph: Today I woke up, as young men typically do when they have a hard day of physical labor ahead of them, I woke up late. Today our job was to sit on a hot roof tying rebar together with metal wire. The work involved a lot of heavy lifting (at least for me), sweat and blisters. If I had to describe it in one word that word would be "awesome", we had a great time working and serving the Lord alongside our fellow brothers in Christ (The Haitians). And I am excited to get back to work tomorrow, and the next day and the next, until we leave. God is good!

Rebekah: Today the VBS team taught the kids that God strengthens us; Alex told them the story of how Peter walked on water because he trusted the Lord. I was a part of the crafts team, and the kids made a fish out of pipe cleaner and beads to represent God's promise to always be with us. It was encouraging to see everyone's enthusiasm and excitement to make them, while also recognizing how much they love coming to VBS. We ended up having lots of extra time and art supplies, so the kids were able to also make anything they wanted. Later, the kids from the orphanage came to the beach with us, and we played in the water for a few hours. I've never seen so many smiles and heard so many laughs at such a simple place like the beach. I was so overjoyed watching these children be silly and have fun, and it's been awesome teaching and showing them God's love.

Photos below:











